

WANT TO GET INVOLVED?

The Exiles are always looking for new people to get involved in the club, and not just players! So if you have a skill which you think may be able to help one of our sections, and you would like to contribute to one of the UK's best clubs, then please get in touch.

E-mail contactus@kentexiles.co.uk
Website www.kentexiles.co.uk

Phone
David Pester 07778 548488
Martin Jefkins 07944 730634

The Exiles run competitive clubs at four different levels of competition;

Junior Kitted For 14-16 year olds
Youth Kitted For 16-19 year olds
Senior Kitted For 19+
Senior Flag Non-kitted football for over 18's

We have training sessions three days a week;

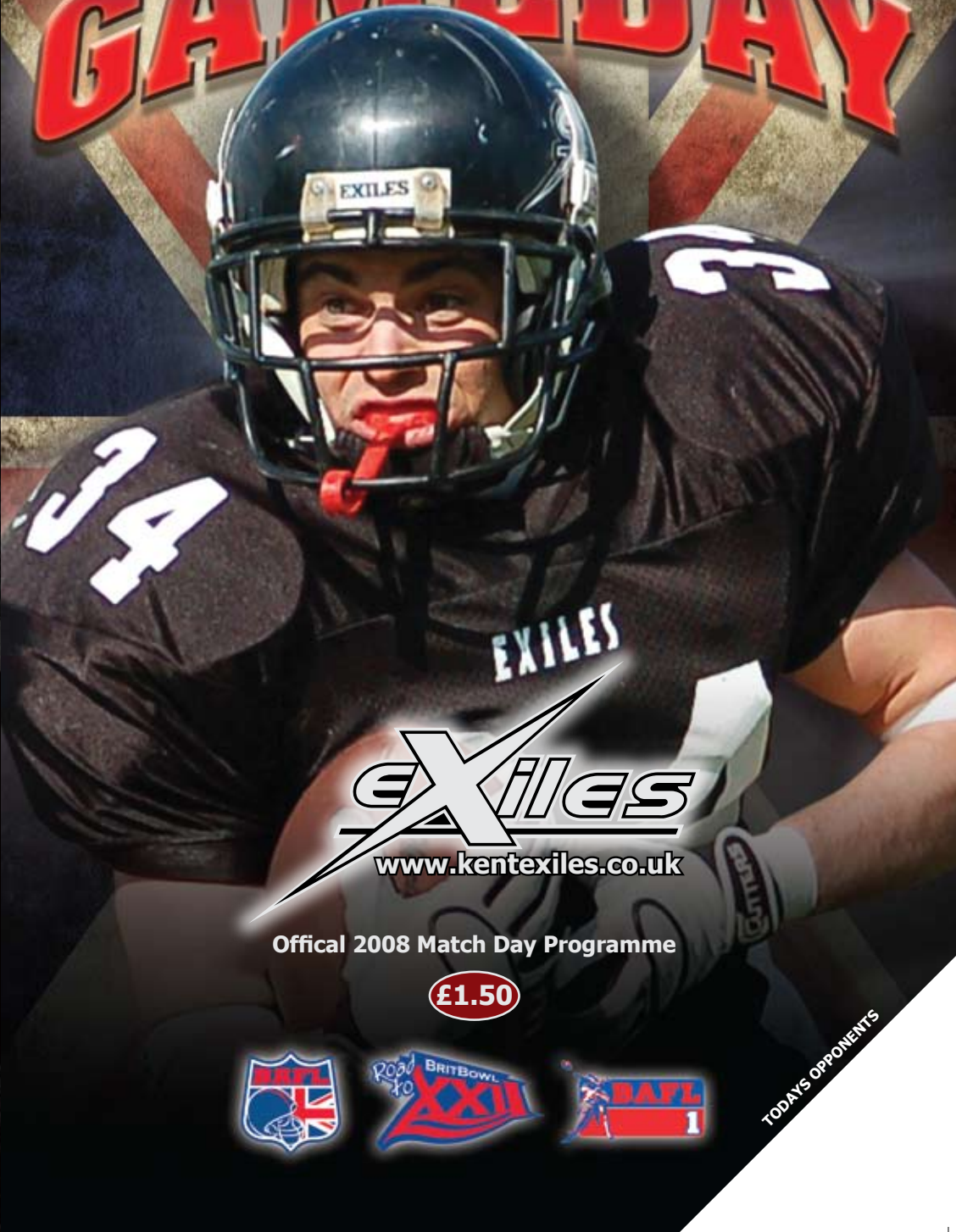
Sunday Senior Kitted 10am-1pm
Junior, Youth and Flag 1pm-3pm
Tuesday Senior Kitted 7.30-9pm
Thursday Junior, Youth Kitted 7.30-9pm

All of our training sessions are held at Orpington Rugby Club, Leasons Way, Orpington. The ground is in easy reach of the M25, A20, St Mary Cray Rail and local bus routes.

Please get in touch if you would like to come down and join the team. Training times are subject to change depending on fixtures and other club events.

EXILES
www.kentexiles.co.uk

GAMEDAY



EXILES
www.kentexiles.co.uk

Official 2008 Match Day Programme

£1.50



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American Football – The Basics

Object of the Game

- The object of the game is to outscore your opponent by advancing the football into their endzone for as many touchdowns as possible while holding them to as few as possible. There are other ways of scoring, but a touchdown is the prime objective.

The Basics of a Football Team

- Each team is allowed 11 men on the field at a time.
- Unlimited substitution is permitted, but players may only enter the field when the ball is not in play.
- If team A has possession of the ball, they use their offensive team to attempt to advance the ball toward the opponents endzone.
- If team B has the ball, team A will use their defensive team to attempt to stop team B from advancing the ball.
- If a kicking play is expected, both teams will use their special teams.

Methods of Scoring

- The biggest goal for an offense, is to score a touchdown. To score a touchdown, a player must carry the ball across the opposition's goal line, or catch a pass in the end zone. A touchdown is worth six points.
- The team scoring a touchdown is given the bonus of trying to add one or two more points. These are called extra point conversion attempts. One point is awarded for a kicked conversion, and two points for a run or passed conversion.

- Another way for a team to score is by kicking a field goal. This is when they kick the football between the upright bars of the goal post in the opponent's endzone. A field goal is worth three points.
- A team can also pick up two points by tackling an opponent possessing the ball in their own end zone. This is called a safety!

Understanding Down and Distance

- Understanding down and distance is probably the biggest key to understanding football.
- Basically, a down is a play. From the time the ball is snapped (put into play), to the time the play is whistled over by the officials, is considered one down.
- A team's offense is given four downs (plays) to move ten yards toward the opponent's end zone.
- Distance is the number of yards a team needs to get a new set of four downs.
- If they make the ten yards needed within four downs, they are given a new set of downs. This is called getting a first down.
- If they don't make it the required ten yards, the other team's offense takes possession of the ball.
- The offence can also decide to kick the ball away on fourth down to avoid giving the ball to their opponents in good position, this is called a 'punt'. The opponents then take over where the punt is fielded.

After a Score

- After a team scores via a touchdown or field goal, they must, in turn, kick off to the other team, and the process begins all over again.

Sponsor a Player

This year we are giving you a unique opportunity to sponsor your favorite player for the season. All sponsors will have their name (or company name or web address) appear in each copy of our gameday programme.

So for just £5 you can 'own' your favourite player.
Please see the merchandise stand for more details.

Player	Sponsor	Player	Sponsor
Baron D'anyangwe		Paul Samartin	Julius Hobbs
Kirk Beacham	Abigail Daniels	Sacha Conte	
Damian Marshall		Joe Alexis	
Luke Sikkema		Richard Lasowski	
Richard McHugh		Russell Goodwin	
Ryan Kelly		John Curran-Coyle	Bans Bass
Richard Francia		Paul Pester	Bans Bass
Jonathan Weller		David Maisey	
Aaron Griffiths		Stephen Keen	Gary Mewse
Trevorr Matthews		Matt Luck	
Harry Innis		Malcolm Fell	Kelly Veryard
Marc Mulgrave		Carl Alexis	Crockenhill FC
Xavier Heckel		Jerry Hughes	
Sam Evans		Ian Hills	
Daniel Young		Tony Bainbridge	
Carl Cahoon		Stephen Morrison	
Steve Walby	Soothing Hands	Chris Stenson	
Reiss Bowen		Adam Chapman	
Rob Stewart		Sean Starwind	
Lloyd Boman		Darren Durup	
Paul Crawford		Glen Boyle	
Stewart Muir		Abiola Oshodi	
Andre Becker		Robert Welling	
Kevin McGlade	Ricardo Moratalla	Justin Tanega	
Steve Collison		C Luiz Gustavo	
Mark Evans		Adam Pearson	
Daniel Mearkle		Olalade Balogun	
Marlon Smith	Gary Mewse	T Coleman-Brown	
Luke Spencer		Mike Akande	Soothing Hands
Mike Omeru		Kerry Gray	
Aaron Alexis	Crockenhill FC	Robert Miller	
Mark Vickers	Juan's Thongs For Men	Seth Campbell	
Rob Osborn	Stuart Collings	Ric Harper	

Welcome to the game.

Welcome to the Kent Exiles Seventh game of the 2008 season. A special welcome to you if you've come along for the first time, we hope you enjoy the Exiles game day experience and come back again soon.

Today sees the Southern Sundevils visit the Exiles. They are currently tied for second place in the division, and level with us, after having beaten us narrowly in Southampton a fortnight ago.

The Sundevils run a spread formation most of the time with four wide receivers, so watch out for some offensive fireworks from them. Their players to watch are Ted Baynham at Quarterback and Tam Amachree who we discovered is a dangerous return man as well as running back. On Defence look out for their huge defensive line, they are a powerful unit.

Today should see another good match, but if our offence can move the ball effectively we should be in with a great chance. A victory today would see our playoff ambitions fully back on track, but a defeat would mean an uphill struggle to qualify, with winning all remaining games a must.

Today also sees the Farnham Knights Youth visit, they are riding high at the top of the division and undefeated, but our boys are coming off the back of their first win last weekend, and will be looking to cause an upset. This should be another cracking game, with the future of both clubs on show.

So settle down for an afternoon of great football, and get behind the teams as they look to end their seasons on a high note. Let's see if the seniors can live up to their promise and jump start their drive for the finals.....

Make sure you also check out our merchandise stand today, we'll be letting you buy our new ranges, including key-rings, car stickers, t-shirts, fleeces, caps, mugs and more. We also have a '**bargain bucket**' of DVD's from the 2006 and 2007 seasons, all priced at just £1, when they're gone, they're gone!

All Photos courtesy Vici Fell – www.picsbyvic.co.uk

***Our Next Home Games
10th Aug - Youth vs. Aztecs
17th Aug – vs. Sussex Thunder
KO's 2.30pm and Noon
Will they be the last in 2008?***

Standings and Results

Kent Exiles Senior 2008 Schedule

Date	Kick-off	Home	Away	Result
27-Apr	2.30pm	Kent Exiles	Ipswich Cardinals	Win 25-14
11-May	2.30pm	Sussex Thunder	Kent Exiles	Win 7-6
25-May	2.30pm*	Kent Exiles	Oxford Saints	Loss 16-6
01-Jun	2.30pm	Kent Exiles	Norwich Devils	Win 22-4
08-Jun	2.30pm	Oxford Saints	Kent Exiles	Win 36-12
06-Jul	2.30pm	Southern Sundevils	Kent Exiles	Loss 13-6
20-Jul	2.30pm*	Kent Exiles	Southern Sundevils	
27-Jul	2.30pm	Ipswich Cardinals	Kent Exiles	
17-Aug	Noon	Kent Exiles	Sussex Thunder	
24-Aug	2.30pm	Norwich Devils	Kent Exiles	
07-Sep	TBC	Semi-Finals		
21-Sep	Noon	Div 1 Britbowl		

BAFL Division 1 – Southern Conference Standings

Team	Won	Lost	Tied	PF	PA	Percent
Sussex Thunder	5	2	0	109	35	0.714
Kent Exiles	4	2	0	102	65	0.667
Southern Sundevils	4	2	0	81	57	0.667
Oxford Saints	3	3	1	90	120	0.500
Norwich Devils	1	4	1	76	116	0.250
Ipswich Cardinals	1	5	0	63	128	0.167

Kent Exiles Youth 2008 Schedule

Date	Kick-off	Home	Away	Result
04-May	2.30pm	London Blitz	Kent Exiles	Loss 46-8
25-May	Noon	Kent Exiles	London Blitz	Loss 34-14
15-Jun	Noon	Farnham Knights	Kent Exiles	Loss 56-0
22-Jun	Noon	Kent Exiles	London Warriors	Loss 50-0
29-Jun	2pm	London Warriors	Kent Exiles	Loss 78-0
13-Jul	2pm	Peterborough Saxons	Kent Exiles	Win 24-6
20-Jul	Noon	Kent Exiles	Farnham Knights	
10-Aug	2pm	Kent Exiles	Bristol Aztecs	

Please note: This schedule is subject to change. Please check the website for full details

* Double Header, game will kick-off 30 minutes after finish of the Youth game

Player Profiles - Offence



Name – Adam Pearson

#89 Wide Receiver

Age – 21

Height – 6’5”

Weight – 205lbs

Years playing - 5

Previous club – Essex Blades



Name – Paul Pester

#62 Offensive Line

Age – 35

Height – 6’3”

Weight – 224lbs

Years playing - 18

Previous club – Tonbridge Tigers



Name – Andre Becker

#35 Running Back

Age – 23

Height – 6’0”

Weight – 212lbs

Years playing -

Previous club – Montabaur

Fighting Farmers (GFL)



Name – John Curran-Coyle

#60 Offensive Line

Age – 21

Height – 5’10”

Weight – 220lbs

Years playing - Rookie

Previous club – None

Player Profiles – Defence



Name – Theo Coleman-Brown
 #91 Linebacker
 Age – 19
 Height – 5’11”
 Weight – 189lbs
 Years playing - 5
 Previous club – Exiles Youth



Name – Carl Alexis
 #69 Defensive Line
 Age – 41
 Height – 5’7”
 Weight – 238lbs
 Years playing - 12
 Previous club – Bexley Barons



Name – Baron D’Anyangwe
 #1 Defensive Back
 Age – 22
 Height – 5’10”
 Weight – 205lbs
 Years playing - 6
 Previous club – Manchester Titans



Name – Stephen Morrison
 #74 Defensive Line
 Age – 40
 Height – 6’1”
 Weight – 238lbs
 Years playing - 14
 Previous club – London Olympians

The Season So Far – In Statistics!

Offence Passing

Griffiths	42 of 104 for 597 yards	7 TD	9 INT
Marshall	2 of 18 for 42 yards	0 TD	1 INT

Rushing

Stewart	64 for 425 yards	3TD
Crawford	40 for 148 yards	1TD
Muir	38 for 126 yards	
Samartin	13 for 56 yards	
Becker	15 for 37 yards	2TD

Receiving

McHugh	16 for 352 yards	4TD
Starwind	9 for 141 yards	2TD
Kelly	8 for 90 yards	
Welling	8 for 48 yards	1TD
Boyle	2 for 2 yards	

Defence

Tackles

J.Alexis	53 tackles	1 sack
Vickers	38 tackles	2 sacks
A. Alexis	39 tackles	4 sacks
D’Anyangwe	23 tackles	
Collison	18 tackles	
Matthews	19 tackles	1 sack
Balogun	25 tackles	1.5 sack
Beacham	14 tackles	1 sack
Maisey	18 tackles	1 sack

Interceptions

Evans	2 for 50 yards
Cahoon	4 for 20 yards
D’Anyangwe	4 for 84 yards
Mulgrave	1 for 0 yards
Smith	1 for 0 yards

Special Teams

Punt Returns

Kelly	15 for 227 yards
Mulgrave	1 for 28 yards

Kick Returns

Kelly	7 for 201 yards
D’Anyangwe	2 for 51 yards

Kickoffs

McHugh	16 for 872 yards
Evans	1 for 40 yards
Starwind	3 for 138 yards

Punts

Evans 33 for 1172 yards

Kent Exiles

Black Jerseys, Black Pants, Black Helmets

Coaching Staff

Norman Navarro – Head Coach
 Scott Rowe – Defensive Co-ordinator
 Richard Clement – Defensive Line
 Malcolm Phillips – Defensive Line
 Martin Jefkins – Defensive Backs
 Sacha Conte – Linebackers
 Aaron Alexis - Linebackers
 Dave Pester – Offensive Line
 Alan Hands – Running Backs
 Lee Nash – Wide Receivers



1	Baron D'anyangwe	Defensive Back	53
5	Kirk Beacham	Linebacker	55
6	Damian Marshall	Quarterback	56
8	Luke Sikkema	Wide Receiver	58
9	Richard McHugh	Wide Receiver	59
10	Ryan Kelly	Wide Receiver	60
12	Richard Francia	Quarterback	62
13	Jonathan Weller	Quarterback	65
14	Aaron Griffiths	Quarterback	66
15	Trevorr Matthews	Linebacker	67
17	Harry Innis	Wide Receiver	68
20	Marc Mulgrave	Defensive Back	69
21	Xavier Heckel	Running Back	70
22	Sam Evans	Running Back	71
23	Daniel Young	Defensive Back	73
24	Carl Cahoon	Defensive Back	74
26	Steve Walby	Defensive Back	75
28	Reiss Bowen	Defensive Back	79
30	Rob Stewart	Running Back	81
31	Lloyd Boman	Defensive Back	83
32	Paul Crawford	Running Back	84
33	Owen Gough	Defensive Back	85
34	Stewart Muir	Running Back	86
35	Andre Becker	Running Back	87
38	Kevin McGlade	Defensive Back	88
40	Steve Collison	Linebacker	89
41	Mark Evans	Defensive Back	90
42	Daniel Mearkle	Defensive Back	91
44	Marlon Smith	Defensive Back	96
46	Luke Spencer	Defensive Back	97
47	Mike Omeru	Running Back	98
50	Aaron Alexis	Linebacker	99
51	Mark Vickers	Linebacker	#
52	Rob Osborn	Offensive Line	#

Paul Samartin	Offensive Line
Sacha Conte	Linebacker
Joe Alexis	Linebacker
Richard Lasowski	Offensive Line
Russell Goodwin	Offensive Line
John Curran-Coyle	Offensive Line
Paul Pester	Offensive Line
David Maisey	Defensive Line
Stephen Keen	Offensive Line
Matt Luck	Offensive Line
Malcolm Fell	Offensive Line
Carl Alexis	Defensive Line
Jerry Hughes	Offensive Line
Ian Hills	Defensive Line
Tony Bainbridge	Offensive Line
Stephen Morrison	Defensive Line
Chris Stenson	Offensive Line
Adam Chapman	Defensive Line
Sean Starwind	Wide Receiver
Darren Durup	Wide Receiver
Glen Boyle	Tight End
Abiola Oshodi	Wide Receiver
Robert Welling	Tight End
Justin Tanega	Defensive Back
C Luiz Gustavo	Wide Receiver
Adam Pearson	Wide Receiver
Olalade Balogun	Defensive Line
T Coleman-Brown	Linebacker
Mike Akande	Linebacker
Kerry Gray	Defensive Line
Robert Miller	Linebacker
Seth Campbell	Defensive Line
Dominic Joyce	Offensive Line
Ric Harper	Offensive Line

Game Day Staff

Claire Pester – Game Day Manager Kieron Hyams
 Julius Hobbs – Statistician Stuart Vickers
 Vici Fell – Photography Gill Vickers
 Mandy Taylor Grace Brewer

Cathy Meares
 Angela Meares
 Peter Jefkins

Southern Sundevils

Yellow Jerseys, Yellow Pants, Yellow Helmets

Coaching Staff

Russell Hewitt – Head Coach
 Graham Thorpe – Offensive Co-ordinator
 Neil Bowles – Offensive Line
 Mick Hogan – Running Backs
 Simon Cutts (consultant) – Wide Receivers
 Gerrt Verheyden – Defensive Backs
 Mark Birchall (consultant) - Linebackers
 Adrian Scorey – Defensive Line



2	Nick Watson	QB	47
3	James Irving	LB	48
5	Marc White	DL	50
6	Tom Martin	K	51
7	Tim Smith	DB	52
8	Steve Yates	DB	55
10	Ted Baynham	QB	56
12	Jon Phillips	WR	57
13	Luis Cruz	DB	59
15	Ben Webb	WR	61
16	Chris Nustedt	DL	62
17	Kris Hodges-Peck	DL	66
18	Mike Hollands	DL	68
19	Chris Richards	WR	69
20	James Guiney	RB	71
21	Suvon Hoque	DB	72
23	Rikki Lear	DB	77
24	Tom Smith	DB	82
28	Sean Sigalet	DB	83
29	Matt Wickington	DB	84
30	Cedric Perret	RB	85
31	Dave Harris	DB	87
32	S. Sanders-Rivas	WR	88
33	Tam Amachree	RB	89
34	Pete Fulford	RB	90
40	Tim Iles	RB	91
43	Ed Wilks	DL	93
44	Mike Meckiff	RB	94
45	Jules Taylor	DB	95

Dale Powell	LB
Richard Conroy	LB
Ryszard Jankowski	LB
James Tildsley	LB
Darren Skeels	OL
Rory Alexander	LB
Martin Hume	OL
Graeme Justham	OL
David Bustin	DL
Ben Peddie	OL
Andrew Wood	OL
Colin O'Connor	OL
Bill Jeram	DL
Joel Springall	OL
Thomas Piachaud	OL
Philip Hume	OL
Alex Phillips	OL
Paul Brady	WR
T. McKenzie-Boyle	LB
Mark Soltesz	WR
Marcin Jankowski	WR
Marcus Sanderson	WR
Michal Katnik	WR
Pinyo Gulashart	WR
James Perrineau	DL
Edson Bras	DL
Sam Bennett	RB
Jon Welton	DL
B. Kafourous-Smith	DL

Game Day Staff

Sideline manager – Mike Woolnough Team Photographer – Lily Parker

SCOREBOARD

<u>Quarter</u>	1	2	3	4
Exiles				
Sundevils				